

**For Immediate Release**

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## **Stroke Advocate Celebrates Milestone Year of Life's Mission** *Nearly 20 Years Post-Stroke, Valerie Greene's Nonprofit Thrives*

**ORLANDO, Fla. (March 3, 2014)** – Nearly twenty years ago, Valerie Greene almost died from two debilitating strokes. She was just 31 years old. Now, the Central Florida entrepreneur is celebrating many achievements including her 50<sup>th</sup> birthday in April, a milestone that may have never happened as result of stroke, the **fourth most common cause of death in the U.S.** (third at the time of Greene's event). Empowered by the grace of God, Valerie is rejoicing her blessed survival by improving the lives of the 15 million people who suffer strokes annually worldwide through **Bcenter**, the nonprofit global stroke resource center that Greene founded to serve stroke survivors and their families.

"Debilitating illness can strike without warning, but recovery is possible through resources, hope and direction," said Valerie Greene, Founder & CEO of Bcenter. The company's namesake encompasses symbolism of a bee, which in many cultures represents inspiration and courage. "B' has become the metaphoric pillar of recovery, essentially because bees are not designed to fly but can; thus reinforcing how belief of stroke recovery starts with the belief that you can and will," explains Greene. Through her work as a "stroke coach," similar to that of a life coach, Greene is helping survivors and caregivers soar toward renewed health.

After being told she may never fully regain her ability to walk or talk, Greene explored and experienced diverse interventions on her quest to identify treatments to enhance her rehabilitation. Among many milestones, Greene was named a "Stroke Hero" by the American Stroke Association, raised the highest individual financial contribution in the history of the Train to End Stroke program, served as a lobbyist to pass the Florida Stroke Act (signed by Gov. Jeb Bush) and authored two educational stroke books. Her biggest accomplishment, thus far, is Bcenter's **online stroke center**, which provides guidance surrounding cutting-edge therapies, support groups and offerings of inspiration.

Bcenter.com '**is like a GPS for stroke survivors**' allowing easy navigation 24/7 through three main functions: Bwell, an outline of 20+ conventional and holistic therapies such as hyperbaric oxygen, nutrition, stem cell and physical therapy; Bempowered, motivational tools including testimonials and uplifting resources; and Bconnected, an interactive map populated with stroke-related professional providers.

According to the World Health Organization, of the 15 million people who suffer strokes each year, 5 million will die and another 5 million left with permanent disabilities. Visit **Bcenter.com** or call (888) 942-Bwell (9355).

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About Bcenter: Bcenter also known as Global Stroke Resource, Inc., is a 501(c)(3) nonprofit organization dedicated to stroke survivors and families providing treatment resources, hope and direction. Bcenter's mission is to educate, empower and light the path to recovery. Founder Valerie Greene personally overcame grim odds in the aftermath of two debilitating strokes that nearly took her life at just 31 years old. Acknowledging that her miraculous survival and recovery could impact others afflicted by stroke or any disability, Greene crusaded for years to support healthcare advocacy, programs and education, and now serves as a stroke coach to millions around the globe. Visit Bcenter.com.